

# CULTURE FC SPORTS

## TRAVEL CODE OF CONDUCT + MEDICAL RELEASE

**PLAYER NAME:** \_\_\_\_\_

### TEAM TRAVEL POLICY

1. Please realize that all participants on a Culture FC travel team, you are representing the team, your country and yourself the entire time you are on the trip. This includes the bus, hotel, restaurants, and team activities in addition to the game. Your actions should positively represent the club as well as yourself.
2. Any hotel/restaurant/school items are to remain in that establishment. This includes items such as towels, blankets, pillows, silverware, glasses, and all other items belonging to the hotel, restaurant or school. Loss or theft to be charged to your account.
3. All team members not starting or playing are required to support the team and take advantage of the opportunity to learn from watching the games.
4. Players are required to meet with the coaches before and after every game.
5. All players are expected to wear team apparel and team gear to all games. The coaches will announce to the team as well as email them which gear to wear on given days of game competition. Wear your team gear with pride!
6. Players should sit with their teammates while at a game and should participate in all team activities.
7. All members of the team, players, parents, and siblings, should show proper respect and sportsmanship towards coaches, officials, game administrators, competitors, and parents from other teams during a game.
8. All designated team areas should be left as clean, or cleaner, than when the team arrived on day one. This reflects our club in a positive light and also helps the hosts.
9. All questions a player or parent may have relating to results, an officiating call, or conduct at the game should be addressed to a coach. Our coach, through proper protocol and channels, will pursue the matter further if necessary.
10. The tournament policy does not allow any parents behind the benches at any point and time through warm ups or competition. Parents are asked to stay in the designated spectator area unless they are working the game as assistants
11. Recommended meal money for extra meals \$10 (breakfast), \$15 (lunch), \$15 (dinner), (\$40.00) should be spent appropriately. Meal money should be used for food / nutritional purposes. Players should be providing their bodies with proper nourishment to maximize performance during competition.
12. There shall be absolutely no outside visitors in any designated players' room without the knowledge and permission of the coaching staff.
13. Players cannot return early or leave the team prior to the conclusion of the event schedule.
14. Under no circumstance will alcohol, tobacco, any controlled substance, any IOC performance enhancing drugs, or any drug or paraphernalia be used, endorsed, or promoted. Any violation of this policy may result in immediate dismissal from the travel team and possibly further disciplinary action.

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15. All players on the travel team will participate in all team functions. Players should know the team schedule and strictly adhere to them. Coaches will produce an itinerary schedule with times to be present. Be prompt and on time.
16. All members of the travel team must stay with the team at all times. Players are not to leave the school/hotel, or any other place the team has gathered without the permission of a coach or chaperone.
17. Hotel rooms, hotel lobby, team bus, restaurants, and the team area at the game are all to be treated with respect and kept neat. Your personal belongings should be kept together and all trash picked up appropriately. Any damage to rooms or vehicles will be the responsibility of the parties involved and may result in being sent home early from the trip.
18. Players are not allowed to sleep in any other room other than the one they have been assigned by the coaches or chaperones or a room occupied by the player's parent. No exceptions.
19. Players are expected to strictly adhere to the curfews established by the coaching staff. At curfew, all lights, TV's, electronics, etc. must be turned off and no talking will be permitted.
20. Players are expected to be quiet and respect the rights of their teammates and other hotel guests during the evening hours. There is to be no telephone use after the curfew and no room-to-room telephone use after curfew.
21. All telephone and incidental room charges will be added to your team account. This includes room service, movies, damages, etc.
22. When group meals have been contracted with a hotel or restaurant all players and chaperones on the trip are expected to participate with the team.
23. Players are expected to travel and stay with the team on team travel trips. Any exceptions to this policy must be approved by the Head Coach or his designee prior to the trip.
24. Violations of these rules will result in disciplinary action, including the possibility of being sent home from the game at the expense of the player's family.

### Code of Conduct Agreement

Please return this form. Make a copy for your records.

I have read and understand this Code of Conduct and by this signature agree to abide by it.

Player's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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## TRAVEL CODE OF CONDUCT + MEDICAL RELEASE

### Medical Release

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Sex: M F

#### Emergency Contact

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home: \_\_\_\_\_ Office: \_\_\_\_\_ Cell: \_\_\_\_\_

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home: \_\_\_\_\_ Office: \_\_\_\_\_ Cell: \_\_\_\_\_

List all Known Medical Conditions, Including Food Allergies and/or Drug Allergies. In Addition, Include Any and All Over-the-Counter and/or Prescription Drugs Taken Regularly.

Please return this form

Physicians Name: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_ Additional: \_\_\_\_\_

Primary Insurance Company: \_\_\_\_\_

Phone Number(s): \_\_\_\_\_ Additional: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Policy Holder's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Relationship to child/children: \_\_\_\_\_

ID Number: \_\_\_\_\_

#### Statement of Consent:

In the event of an emergency or non-emergency situation requiring medical treatment, I, \_\_\_\_\_, hereby grant permission for any and all medical and/or dental attention to be administered to my child/children, in the event of an accidental injury or illness, until such time as I can be contacted. This permission includes, but is not limited to, the administration of first aid, the use of an ambulance, and the administration of anesthesia and/or surgery, under the recommendation of qualified medical personnel.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_ (Parent / Guardian 1)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_ (Parent / Guardian 2)